



## EMERGENCY NUMBERS

### Police and Traffic

Kidds Beach Police Station:	043 781 1500
Crime Stop:	086 0010 111
Traffic Dept - East London:	043 705 9333
Traffic Dept - King Williams Town:	043 604 8367

### Ambulances

Government's Regional Health Services:	10177
Alderson's Private Ambulance:	086 022 3366
Dynamic Emergency Medical Services:	043 726 2225
24-7 Paramedics:	043 726 2247

### Government Hospitals

Ceclia Makiwane - Mdantsane:	043 708 2111
Frere Hospital:	043 709 1111
Grey Hospital:	043 643 3300

### Private Hospitals

Life Beacon bay Hospital:	043 711 5100
Life East London Hospital:	043 722 3128
Life Rehabilitations:	043 742 2627
Life St. Dominic's Hospital:	043 707 9000
Life St. James Hospital:	043 722 9685

### Handy Emergency Numbers

Automobile Association Breakdown Services:	0800 010 101 (Toll Free)
Medical Rescue International:	0800 111 990 (Toll Free)
Fire & Rescue:	043 705 9000
	043 705 9098
Sea Rescue Services (NSRI)	043 700 2100
Surf Rescue:	043 705 2538
	083 763 8723
Poison Information Center (Cape Town)	021 931 6129
Life Line:	043 722 2000